# LIBIZO WOMEN

### **COMPOSITION:**

Each sachet contains:

L-carnitine 500mg, L-arginine 500mg, Acetyl-L-carnitine 250mg, Vitamin E 30mg, Vitamin C 90mg, Vitamin A (from betacarotene) 4.8mg, N-acetyl cysteine 50mg, Vitamin B5 6mg, Vitamin B12 2.5µg, Vitamin B6 2mg, Vitamin D3 5µg, Folic acid 200µg, Selenium 27.5µg, Iron 7mg, Zinc 5mg, Copper 0.5µg.

### **DESCRIPTION:**

Libizo Women is a fertility supplement designed for women who want to enhance their fertility and reproductive health. Libizo Women provides key nutrients like L-carnitine, acetyl-L-carnitine, L-arginine, N-acetyl cysteine, vitamins and minerals, all of which play an important role in supporting the physiological processes involved in female fertility. Libizo Women is recommended for all women who want to optimize their fertility and help increase their chances of pregnancy.

#### **INDICATIONS:**

Libizo Women sachet is indicated for:

Carnitines have a key role in the energy supply of oocytes (egg cells) and embryos affecting their quality.

L-Carnitine is the only molecule that can transport long chain fatty acids into the mitochondria where the β-oxidation takes place and the creation of ATP (energy).

Libizo Women:

Reduces insulin resistance

Increases the thickness of the endometrial receptivity

Improves the quality of oocyte maturation and embryo

Affects the hormonal balance and quality of ovulation

Affects a larger number of developed (mature) oocytes and embryos

Contributes to the quality of ovulation and affects the development of the blastocyst

Reduces the number of days of stimulation

Regulates the menstrual cycle

Reduces oxidative stress

# **DOSAGE:**

1 Sachet per day for 4-6 months or for as long as trying to conceive.

This is because developing eggs in the ovaries take around three to four months to mature before being released at ovulation. LIBIZO WOMEN can be taken in first few months of pregnancy.

**Reconstitution Instructions:** 

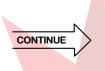
Mix one sachet with at least 200ml of orange juice or water and stir.

LIBIZO WOMEN should be taken shortly after mixing and not stored to be taken later.

## **CONTRAINDICATION:**

Any known hypersensivity or allergy to any of the ingredients in the Libizo women sachets formulation.





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# **PRECAUTIONS:**

f you are trying to conceive, it is always recommended that you speak with your doctor for advice on how to support your fertility.

The intake should be limited to a couple of weeks/months.

### **DRUG - DRUG INTERACTIONS:**

None

# **SIDE EFFECTS:**

There are no side effects reported for Libizo women sachets except (less than 1%) mild gastrointestinal complaints.

### **INSTRUCTIONS:**

Protect from light, excessive heat & moisture.

Store in a cool & dry place below 25°C.

Keep out of reach of children.

### PRESENTATION:

Libizo women sachets are available in pack of 14's.

