

CHEER UP

COMPOSITION:

Cheer Up 10mg Tablets

Each film coated tablet contains:

Escitalopram (as Oxalate) U.S.P.10mg

Cheer Up 20mg Tablets

Each film coated tablet contains:

Escitalopram (as Oxalate) U.S.P.20mg

Product conforms to U.S.P. Specifications.

DESCRIPTION:

Escitalopram (Cheer Up) is a potent selective Serotonin reuptake inhibitor (SSRI). It is the active isomer of Citalopram.

DOSAGE & ADMINISTRATION:

Adult Dose:

The initial dose of Escitalopram (Cheer Up) tablets is 10 mg once daily. If required, the dose might be increased to 20 mg after a minimum of one week period.

Geriatric Dose:

Single oral dose of 10mg/day is recommended.

In Hepatic Dysfunction:

Not more than 10mg/day.

In Renal Dysfunction:

No dosage adjustment is required in mild to moderate renal impairment. It should be cautiously given in severe renal dysfunction.

INDICATIONS:

- Major depressive disorder
- Generalized anxiety disorder

ADVERSE DRUG REACTIONS:

The adverse effects reported are agitation, restlessness, blurred vision, diarrhea, difficulty in sleeping, drowsiness, dry mouth, fever, frequent urination, headache, indigestion, nausea, increased or decreased appetite, increased sweating, sexual difficulties like decreased sexual ability or libido & ejaculatory delay, change in taste, tremor and weight changes. Rarely confusion, dizziness, light-headedness, skin rash, itching, suicidal thoughts and vomiting have occurred.

PRECAUTIONS:

Use with Monoamine Oxidase Inhibitors (MAOIs) like with other SSRIs, combination with Monoamine Oxidase Inhibitor (MAOI) might result in serious, sometimes fatal, reactions including hyperthermia, rigidity, myoclonus, autonomic instability, rapid changes in vital signs and mental status changes, including extreme agitation progressing to delirium and coma. The patients who switch from an SSRI to an MAOI might present with the same features. Hence Escitalopram (Cheer Up) tablets should not be coadministered with an MAOI or within 2 weeks of discontinuing treatment with an MAOI. Also, at least a gap of 2 weeks should be given after discontinuing Escitalopram (Cheer Up) tablets and start



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ing an MAOI.

Use in Children: Safety and efficacy in children under the age of 18 years have not been established.

Use in Old Age: Though no overall differences in safety or efficacy between old age patients and younger patients was observed dose of 10mg is the recommended dosage for elderly patients.

Drug Dependence: Escitalopram (Cheer Up) tablets is not a controlled substance. The psychological and physical dependence and hence abuse liability of Escitalopram (Cheer Up) tablets have been found to be low.

Chances of Mania or Hypomania: Mania/hypomania might occur in patients treated with Escitalopram (Cheer Up) tablets. In such cases Escitalopram (Cheer Up) tablets should be discontinued. Also, Escitalopram (Cheer Up) tablets should be used with caution in patients with history of mania.

Use in Patients with History of Seizures: Like other antidepressants, Escitalopram (Cheer Up) tablets should be cautiously used in patients with a history of seizure disorder.

USE IN PREGNANCY & LACTATION:

Pregnancy:

The safety of Escitalopram (Cheer Up) tablets during pregnancy has not been established. Therefore, Escitalopram (Cheer Up) tablets should not be used during pregnancy, unless the expected benefits to the patient markedly outweigh the possible hazards to the fetus.

Lactation:

The safety of Escitalopram (Cheer Up) tablets during breastfeeding has not been established. Since Escitalopram is excreted in human milk. Escitalopram (Cheer Up) tablets should not be administered to nursing mothers unless the expected benefits to the patient markedly outweigh the possible hazards to the child.

OVER DOSAGE:

Use of Escitalopram (Cheer Up) in high doses of up to 600 mg has been found to be associated with reversible symptoms like dizziness, sweating, nausea, vomiting, tremor and somnolence. Rarely confusion, loss of consciousness, convulsions, coma, sinus tachycardia, cyanosis, hyperventilation and rhabdomyolysis might occur.

In such cases following measures should be taken. Airway maintenance, gastric lavage, use of activated charcoal, cardiac and vital sign monitoring and general symptomatic and supportive measures. There is no specific antidote for Escitalopram (Cheer Up).

DRUG-DRUG INTERACTIONS:

Because of reported drug interactions, special caution should be exercised while coadministering Escitalopram (Cheer Up) tablets with Monoamine Oxidase Inhibitors (MAOIs), CNS drugs, Alcohol, Cimetidine, Ketoconazole, Desipramine and Metoprolol.

STORAGE:

Store in a cool & dry place below 25°C.

Protect from light, heat and moisture.

Keep out of reach of children.



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PRESENTATION:

Cheer Up 10mg tablets are available in a blister pack of 10's

Cheer Up 10mg tablets are available in a blister pack of 14's

Cheer Up 10mg tablets are available in a blister pack of 30's

Cheer Up 20mg tablets are available in a blister pack of 28's



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